

# Caribbean Endemics of Jamaica

## with Naturalist Journeys



**Jan. 28 – Feb. 4, 2024**

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Jamaica stands out in the Caribbean, featuring the highest number of endemic bird species in the region and an incredible overall diversity of flora and fauna. In addition to the island's 29 endemic birds, Jamaica boasts 48 endemic reptiles and amphibians; more than 500 endemic land snails; and over 3,000 flowering plants, at least 830 of which are endemic, ranking Jamaica 5<sup>th</sup> among the world's islands for endemic plant diversity—mindboggling!

Compared to many tropical regions, birding in Jamaica is relatively easy, and many of the endemic species are fairly common. Both the Red-billed and Black-billed Streamertails visit hummingbird feeders at our lodges, along with the handsome Jamaican Mango. The Jamaican Woodpecker, Sad Flycatcher, and White-chinned Thrush are also on our lodge's grounds. Two full days in the Blue Mountains gives us excellent chances to find Arrowhead Warbler, Yellow-shouldered Grassquit, Crested Quail-Dove, and Blue Mountain Vireo. The lowland forests on the Portland coast provide easy access to Jamaican Lizard-Cuckoo, Jamaican Owl, Greater Antillean Bullfinch, and Orangequit.

And just to make you feel at home, our winter visit also features an exciting array of North America's breeding songbirds. The warbler list alone includes Palm, Prairie, Cape May, Worm-eating, Yellow-throated, and more. Black-throated Blue Warbler may be hopping around on the railing of your balcony!

Beyond the phenomenal nature experience, we also enjoy delightful Jamaican hospitality, staying at very comfortable local lodges and tasting the best of Jamaica's fresh tropical cuisine. This is not your ordinary Caribbean vacation! Jamaica is calling you.

## Tour Highlights

- ✓ See up to 29 bird species that are endemic to Jamaica, more than any other island in the Caribbean
- ✓ Enjoy fairly easy tropical birding, with ample chances for repeat encounters with special birds
- ✓ Witness an abundance of Jamaica's national bird, the Red-billed Streamertail hummingbird!
- ✓ Seek many rare and endemic plants and an abundance of rare invertebrates and reptiles
- ✓ Explore the Blue & John Crow Mountains National Park, a UNESCO World Heritage Site
- ✓ Indulge in eclectic Jamaican cuisine, with specialties like jerk chicken, fried dumplings, saltfish, and delicious tropical fruits

## Tour Summary

8-Day / 7-Night Jamaican Birding Tour

\$3790 DBL / \$4370 SGL, from Kingston

Airport is Norman Manley International (KIN)

## Day-to-Day Itinerary

### Sun., Jan. 28 Arrival & Greetings in Kingston

Our tour begins and ends in Kingston, well away from the primary tourism center in Montego Bay. Please arrive at Norman Manley International Airport no later than 4:00 PM. Our U.S. and local guides meet you at the Kingston airport before a short drive to our Port Royal hotel for the first night. We enjoy a casual evening on the harbor, with a little waterbird action and an orientation dinner at our hotel. Early the next morning, we head to Hellshire Hills.

*Accommodations in Port Royal (D)*

## Mon., Jan. 29 Hellshire Hills & Hope Gardens

This morning after breakfast we head out and explore just west of Kingston—the habitat at Hellshire is a dry limestone forest. The vegetation is dominated by short shrubs, cacti, Red Birch (*Bursera simaruba*), and Silver Thatch (*Coccothrinax jamaicensis*). The environment is quite arid, but it is deceptively rich in birdlife. This is one of only two locations on the island where the Bahama Mockingbird can be found. Also common here are the Stolid Flycatcher, Caribbean Dove, and Mangrove Cuckoo. Endemics such as the Jamaican Vireo and Yellow-shouldered Grassquit can also be seen. When the cacti are in bloom, Jamaican Mango hummingbirds are everywhere—get your cameras ready.

After an early lunch, we explore the Royal Botanical Gardens of Hope, a public park managed by the Nature Preservation Foundation. Its large mature trees and diversity of plants promote an equally diverse birdlife. It's an important place to see migratory warblers like Black-throated Blue, Black-throated Green, Cape May, Prairie, Palm, American Redstart, and Black-and-white Warbler. More importantly however, the gardens are home to a remnant population of Yellow-billed Parrot, with a few Black-billed individuals seen occasionally. Jamaica's national bird, the Red-billed Streamertail, can be found feeding among the flowers, and the abundant trees are good habitat for Jamaican Woodpecker and Jamaican Euphonia. The Hope Gardens provide a convenient and relaxed setting for some easy birding.

With many Jamaican endemics already under our belts, we take an afternoon drive into the spectacular Blue Mountains, arriving at the Starlight Chalet—our lodge for the next three nights—just in time for dinner.  
*Accommodations at the Starlight Chalet or similar (B,L,D)*

## Tues., Jan. 30 & Wed., Jan. 31 Blue Mountains

For the next two full days, we will immerse ourselves in Jamaica's famous Blue Mountains. Known around the world for its exquisite coffee, the region recently gained international stature as part of the brand-new Blue and John Crow Mountains UNSECO World Heritage Site. Adding to the area's geographical resume, we will explore Blue and John Crow Mountains National Park, listed by BirdLife International as a global Important Bird Area.

Our specific Blue Mountain birding sites will include Hardwar Gap, Section, Silver Hill Gap, and Cascade. Throughout the Blue Mountains, we will bird along rugged mountain roads at approximately 3,280 ft. (1000 m) elevation. An impressive list of birds has been recorded in this area, including hard-to-find species such as the Jamaican Blackbird and Crested Quail-Dove. This area is relatively undisturbed, and the roads twist and turn through primary forest and secondary growth. Stands of Blue Mahoe (Jamaica's national tree) attract numerous Red-billed Streamertails and Orangequits. In other areas, the road is lined with small cottages, with beautiful gardens that attract many bird species. Section and Hardwar Gap combined can provide over 5 mi. (8 km) of lightly traveled, level road, where we could find as many as 25 of Jamaica's endemic birds.

The Blue Mountains should also produce Ring-tailed Pigeon, Blue Mountain Vireo, Arrowhead Warbler and Jamaican Spindalis. The charismatic Jamaican Tody will be seen throughout the region. Other endemics recorded here include the Jamaican Lizard Cuckoo, Jamaican Becard, and the much sought-after Rufous-throated Solitaire.  
*Accommodations at the Starlight Chalet or similar (B,L,D)*

## Thurs., Feb. 1 Descent to the Coast & Port Antonio

After our final breakfast at the Starlight Chalet, we head down the northern slope of the Blue Mountains to Port Antonio. After lunch at the famous Woody's Burgers (they offer a great veggie burger for herbivores!), we settle into our base for the next three nights. To give you an optional break in the heat of the day, the afternoon schedule remains open today. You may choose to enjoy a siesta in your villa, bird the grounds and entry road to



our lodge, or take a dip in the nearby Caribbean or the lodge's swimming pool. We enjoy dinner in Port Antonio, followed by a brief jaunt to search for owls and potoos.

*Accommodations near Port Antonio (B,L,D)*

### **Fri., Feb. 2 & Sat., Feb. 3 Ecclesdown Road & Port Antonio**

This morning begins with an early start as we first head coastward in search of White-tailed Tropicbird. Most of the day is spent in one of Jamaica's most famous birding sites—the world-class Ecclesdown Road. Ecclesdown is a seldom-used road that travels along the foothills of the John Crow Mountains for approximately 11 miles. It's entirely flat and passes through secondary closed and open forests as well as small patches of farmland. This area is a stronghold for Yellow-billed and Black-billed Parrots as well as Jamaican Crow, Ring-tailed Pigeon, and Black-billed Streamertail. Every one of Jamaica's endemic birds has been recorded in these forests! Following our Ecclesdown jaunt, we head to the local jerk-joint for lunch and a casual afternoon of birding around the lodge.

Our last full day again offers several options. You may opt for more birding along Ecclesdown Road, or you may want to swim in the famous Blue Lagoon, just a few minutes from our lodge. Regardless of how you spend your final afternoon, you are always accompanied by one of our guides. Enjoy a celebratory dinner in Port Antonio.

*Accommodations near Port Antonio (B,L,D)*

### **Sun., Feb. 4 Return to Kingston | Departures**

We spend our final morning birding the lodge grounds, where we may find Gray Kingbird, Zenaida Dove, Smooth-billed Ani, the Caribbean-endemic subspecies of Northern Mockingbird, Jamaican Lizard-Cuckoo, and Jamaican Tody. After birding and breakfast, we make the drive back to Kingston for 2:00 PM or later departures. *(B)*

## **Tour Details**

### **Plan Ahead!**

Protect yourself with Allianz Travel Insurance. Please note, starting in January 2017, Naturalist Journeys pays 100% of your flight carbon offset.

### **Cost of the Journey**

Cost of the journey is \$3790 DBL / \$4370 SGL from Kingston, Jamaica. This cost includes all accommodations; meals as specified in the itinerary; professional guide services; other park and program entrance fees; and miscellaneous program expenses.

Tour cost does not include round-trip transportation from your home city to Kingston; optional activities; or items of a personal nature, such as laundry, telephone charges, maid gratuities or beverages from the bar.

### **Travel Information**

Plan to arrive in Kingston on January 28, ideally between 2:00 and 4:00 PM if you wish to join the welcome dinner at the hotel. If your flight arrives after 6:00 PM, plan to eat dinner on the plane or before your flight, or we can hold a late meal for you at the hotel. If you arrive late the night ahead of the tour, an airport shuttle can deliver you to the Port Royal hotel. We suggest you plan departures for after 2:00 PM on February 4.

***Please Note:*** Kingston is not a great city to explore on your own. In contrast to Montego Bay, it is quite industrial,

*and not conducive to wandering around.*

## **Photo Credits**

Red-billed Streamertail, Steve Shunk (SS); Air Jamaica Tail Kingston, SS; Black-billed Streamertail, SS; Jamaican Owl, SS; Loggerhead Kingbird, SS; Jamaican Tody, SS; Jamaican Oriole, SS.

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