

Western Panama: Tranquilo Bay Species List | March 29 – April 5, 2025 with Naturalist Journeys



Compiled by Naturalist Journeys guide Robert Gallardo, with local guide Roger Morales at Tranquilo Bay, and participants Peter, Clair, Sheila, Mark, Ted, Diane, Nora, Alee, & Joan

Summary: This trip was designed to explore various habitats around the Bocas del Toro region while enjoying the comfortable settings of an island lodge. Outings at Tranquilo Bay included easy walks in the gardens, trips on their new pontoon boat, and exploring a new road to some nearby lowlands. The weather was mostly cooperative with only intermittent rains. Families with the highest diversity included hummingbirds, flycatchers, and tanagers. A really nice variety of reptiles and amphibians were seen, including numerous races of poison dart frogs. A major highlight was seeing a nesting female Snowy Cotinga at close range. A total of 255 species of birds were recorded.

Summary: 255 bird species recorded (18 were heard only), 11 mammals, 19 reptiles and amphibians, 14 insects

(HO)= Distinctive enough to be counted as heard only

(I)= Introduced

(RE)= Regional Endemic

TINAMOUS: Tinamidae (2)

Great Tinamou *Tinamus major*—(HO) at a stop en route to Palo Seco. Called from inside the nearby forest.

Little Tinamou *Crypturellus soui*—(HO) along the road at Punto Robalo.

GUANS AND CURASSOWS: Cracidae (1)

Gray-headed Chachalaca *Ortalis cinereiceps*— Many seen in the lowlands at Punto Robalo. Some were feeding on *Miconia* fruits. A few seen in a field in the San San Pond wetlands. A few heard in the Nueva Esperanza area.

DUCKS, GEESE AND SWANS: Anatidae (3)

Black-bellied Whistling-Duck *Dendrocygna autumnalis*—A few seen in the morning at Punto Robalo. Many more seen there in the afternoon after returning from the foothills. Small numbers seen along the Rio Changuinola.

Muscovy Duck *Cairina moschata*—A couple of male and female wild ducks in the Punto Robalo lowlands.

Blue-winged Teal *Spatula discors*— Four seen along the Rio Changuinola. A pair seen during the lagoon crossing en route to Punta Robalo.

PIGEONS AND DOVES: Columbidae (8)

Rock Pigeon (I) *Columba livia*—A few seen in Panama City before departing for Bocas del Toro.

Pale-vented Pigeon *Patagioenas cayennensis*— One spotted from the tower at TB on arrival day. Small numbers seen in the Punta Robalo lowlands. Small numbers seen along the San San Pond canal wetlands.

White-crowned Pigeon *Patagioenas leucocephala*—Several observed in the TB gardens on arrival day. They were also feeding on *Cecropia* fruits. Two also observed from atop the tower. Two seen along the San San Pond canal wetlands.

Short-billed Pigeon *Patagioenas nigrirostris*— Numerous individuals courting and feeding on *Cecropia* fruits at TB.

Blue Ground-Dove *Columbina pretiosa*—A beautiful male seen well along the San San Pond canal wetlands. A female was seen perched high in a tree in Nueva Esperanza.

Ruddy Ground-Dove *Columbina talpacoti*—Small numbers of males and females seen on the road at Punta Robalo.

White-tipped Dove *Leptotila verreauxi*—(HO) One heard along the San San Pond canal wetlands.

Gray-chested Dove *Leptotila cassinii*—(HO) One heard calling around Nueva Esperanza.

CUCKOOS AND ALLIES: Cuculidae (3)

Groove-billed Ani *Crotophaga sulcirostris*—Two small groups seen in the Punta Robalo lowlands. A few seen along the San San Pond canal wetlands.

Smooth-billed Ani *Crotophaga ani*—A small group seen in the Punta Robalo lowlands.

Squirrel Cuckoo *Piaya cayana*—Two separate individuals seen along the San San Pond canal wetlands.

Mangrove Cuckoo *Coccyzus minor*—One seen in the mangroves during the boat ride to Popa Island.

NIGHTJARS: Caprimulgidae (1)

Short-tailed Nighthawk *Lurocalis semitorquatus*—One found on a day roost along the San San Pond canal wetlands near where it connects with the Rio Changuinola.

POTOOS: Nyctibiidae (1)

Great Potoo *Nyctibius grandis*—A great sighting as one was seen in full view along the San San Pond canal wetlands.

SWIFTS: Apodidae (1)

White-collared Swift *Streptoprocne zonaris*— A large kettle of at least 200 seen in the Palo Seco foothills.

HUMMINGBIRDS: Trochilidae (13)

Violet-headed Hummingbird *Klais guimeti*—A male seen feeding on Porterweed at the ranger station below Palo Seco.

White-necked Jacobin *Florisuga mellivora*—One male seen along the San San Pond canal wetlands. One briefly seen at Nueva Esperanza.

Bronzy Hermit *Glaucis aeneus*—One seen at TB on arrival day feeding on red *Heliconia* by the steps that lead to the dock. Several seen crossing the canal along the San San Pond route.

Green Hermit *Phaethornis guy*— Two seen at different stops on the first day trip to Palo Seco.

Stripe-throated Hermit *Phaethornis striigularis*— One seen feeding on Porterweed at TB on arrival day. One seen at the ranger station before reaching Palo Seco.

Purple-crowned Fairy *Heliophryx barroti*—One briefly seen at a roadside stop en route to Palo Seco. One flew between everyone at Nueva Esperanza. One seen bathing several times at the small creek at the lodge. Magical!

Green-breasted Mango *Anthracothorax prevostii*—A male seen at Punta Robalo right before boarding the bus.

Bronze-tailed Plumeleteer *Chalybura urochrysia*—One seen feeding on shrimp flowers at the ranger station en route to Palo Seco.

Crowned Woodnymph *Thalurania colombica*—A perched immature male seen well at TB on arrival day. Males and females seen bathing in the creek at the lodge. Another bathing male seen in a small pool on Popa Island.

White-tailed Emerald (RE) *Microchera chionura*— A male seen along the road as we descended the Fortuna area.

Blue-chested Hummingbird *Amazilia amabilis*—A female was seen feeding on Porterweed at Tranquilo Bay.

Snowy-bellied Hummingbird *Saucerottia edward*—One seen well at the lunch stop below Fortuna.

Rufous-tailed Hummingbird *Amazilia tzacatl*—Common, and seen daily at TB, especially on the feeders. One seen at the lunch stop below Fortuna.

RAILS, COOTS AND ALLIES: Rallidae (6)

Gray-cowled Wood-Rail *Aramides cajaneus*—At least two heard calling in the woods at Punta Robalo. Others heard only at Tranquilo Bay. One crossed the elevated boardwalk at the lodge in front of Diane. Two seen crossing the road at Punta Robalo during our second trip to the mainland.

Common Gallinule *Gallinula galeata*—Several seen along the Rio Changuinola.

Purple Gallinule *Porphyrio martinica*—One adult seen at close range in the Punta Robalo lowlands. Two adults seen along the Rio Changuinola.

White-throated Crake *Laterallus albigularis*—(HO) Several heard calling in the Punta Robalo lowlands.

Gray-breasted Crake *Laterallus exilis*—(HO) One heard calling by the road in the Punta Robalo lowlands.

Uniform Crake *Amaurolimnas concolor*— (HO) One heard calling in the forest on Popa Island.

FINFOOTS: HELIORNITHIDAE (1)

Sungrebe *Heliornis fulica*—One seen along the edge of the Rio Changuinola that escaped a dive bomb attempt from a large Peregrine Falcon. The bird took refuge amidst the branches of a fallen tree. A Lifer for Roger and a very rare sighting.

STILTS AND AVOCETS: Recurvirostridae (1)

Black-necked Stilt *Himantopus mexicanus*—One lone individual seen along Rio Changuinola.

LAPWINGS AND PLOVERS: Charadriidae (4)

Black-bellied Plover *Pluvialis squatarola*—Several in winter plumage seen at the mouth of the Rio Changuinola.

Southern Lapwing *Vanellus chilensis*—Several seen in the fields in the Punta Robalo lowlands. A couple seen along the Rio Changuinola.

Wilson's Plover *Charadrius wilsonia*—One seen near the mouth of the Rio Changuinola.

Semipalmated Plover *Charadrius semipalmatus*—At least 20 seen on some mud flats along the Rio Changuinola.

LIMPKIN: Aramidae (1)

Limpkin *Aramus guarauna*—Several seen during the boat trip through the Snyder Canal and the Changuinola River.

JACANAS: Jacanidae (1)

Northern Jacana *Jacana spinosa*—Several adults seen in the Punta Robalo lowlands, no immatures. Many adults and a few immatures seen along the Rio Changuinola and part of the canal.

SANDPIPERS AND ALLIES: Scolopacidae (7)

Whimbrel *Numenius phaeopus*—One seen the morning of departure between the lodge and Bocas.

Sanderling *Calidris alba*— Two small flocks seen on the beach at the mouth of the Rio Changuinola.

Least Sandpiper *Calidris minutilla*—One seen along a mud flat on the Rio Changuinola.

Pectoral Sandpiper *Calidris melanotos*—One seen along a mud flat on the Rio Changuinola.

Spotted Sandpiper *Actitis macularius*—Several seen along a mud flat on the Rio Changuinola.

Solitary Sandpiper *Tringa solitaria*—One seen along a mud flat on the Rio Changuinola.

Lesser Yellowlegs *Tringa flavipes*—One seen along a mud flat on the Rio Changuinola.

GULLS AND TERNS: Laridae (3)

Laughing Gull *Leucophaeus atricilla*—Usually one seen during the boat rides to/from the mainland by Punta Robalo.

Royal Tern *Thalasseus maximus*—Small numbers seen on pilings as we approached Punta Robalo. Small numbers seen toward the mouth of the Rio Changuinola.

Sandwich Tern *Thalasseus sandvicensis*— Only one seen on a piling as we approached Punta Robalo.

FRIGATEBIRDS: Fregatidae (1)

Magnificent Frigatebird *Fregata magnificens*— Several seen during the boat ride on arrival day at TB. A few more seen as we came and went from the lodge to the mainland. Around 30 seen en route to the San San Pond wetlands.

BOOBIES AND GANNETS: Sulidae (1)

Brown Booby *Sula leucogaster*—Two seen en route from Bocas to TB on arrival day. A dozen or so seen foraging in the lagoon as we approached the canal at the San San Pond wetlands.

CORMORANTS: Phalacrocoracidae (1)

Neotropic Cormorant *Phalacrocorax brasilianus*— One seen en route from Bocas to TB on arrival day. Small numbers seen along the Rio Changuinola.

PELICANS: Pelecanidae (1)

Brown Pelican *Pelecanus occidentalis*— Several seen en route from Bocas to TB on arrival day. More seen in the lagoon coming and going from the lodge to various destinations.

HERONS AND EGRETS: Ardeidae (9)

Pinnated Bittern *Botaurus pinnatus*—A great sighting by Joel who was driving the boat. Spotted in the tall grass along the Rio Changuinola.

Great Blue Heron *Ardea herodias*—One seen in a field in at Punta Robalo. Several seen in the lagoon en route to the San San Pond wetlands and one along the Rio Changuinola.

Great Egret *Ardea alba*— Many seen in the fields at Punta Robalo. A few seen along the San San Pond canal and more along the Rio Changuinola.

Snowy Egret *Egretta thula*— Small numbers seen at Punta Robalo. A few seen along the Rio Changuinola and about a dozen at the river mouth.

Little Blue Heron *Egretta caerulea*— A few adults seen in the Punta Robalo wetlands. A few adults and immatures seen along the Rio Changuinola. A group of 7 adults seen during boat ride to Popa Island.

Tricolored Heron *Egretta tricolor*—Two seen along the Rio Changuinola.

Western Cattle Egret *Bubulcus ibis*—Many seen foraging amidst the water buffalo at Punta Robalo. A pair seen along the San San Pond canal and more along the Rio Changuinola.

Green Heron *Butorides virescens*—At least two seen in the Punta Robalo area. Four seen along the San San Pond canal and Rio Changuinola.

Yellow-crowned Night-Heron *Nyctanassa violacea*—One spotted one morning in the mangroves right after departing the lodge.

IBIS AND SPOONBILLS: Threskiornithidae (1)

Green Ibis *Mesembrinibis cayennensis*—Many seen in the Punta Robalo lowlands. One was gathering nesting material. Numerous birds seen around Nueva Esperanza.

NEW WORLD VULTURES: Cathartidae (3)

King Vulture *Sarcoramphus papa*—Two adults seen soaring together at Nueva Esperanza.

Black Vulture *Coragyps atratus*—Small numbers seen around TB on arrival day.

Turkey Vulture *Cathartes aura*—Small numbers seen around TB on arrival day.

OSPREY: Pandionidae (1)

Osprey *Pandion haliaetus*— One seen soaring high while at Tranquilo Bay. Several spotted along the Rio Changuinola. One seen at Nueva Esperanza.

HAWKS, KITES AND EAGLES: Accipitridae (15)

White-tailed Kite *Elanus leucurus*—One seen crossing the road high overhead around Punta Robalo.

Swallow-tailed Kite *Elanoides forficatus*— Several seen in the Palo Seco highlands. Several seen along the Fortuna highland route.

Crane Hawk *Geranospiza caerulescens*—One seen soaring fairly high at Nueva Esperanza.

Snail Kite *Rostrhamus sociabilis*— At least seven seen along the Rio Changuinola.

Black-collared Hawk *Busarellus nigricollis*—An adult seen perched with a fish toward the end of the San San Pond canal. Apparently a rare sighting for that area.

Double-toothed Kite *Harpagus bidentatus*—A very cooperative perched male seen at close range on the TB grounds. Another seen soaring high at Nueva Esperanza. Two soaring together below Palo Seco during the second mainland outing.

Mississippi Kite *Ictinia mississippiensis*—One individual seen migrating with Turkey Vultures, Broad-winged Hawks, and Swainson's Hawks. Two separate individuals seen at Nueva Esperanza. At least 1,000 seen at Chiriqui Grande during a bathroom stop. It was almost one solid mass migrating northward.

Plumbeous Kite *Ictinia plumbea*—Two separate individuals seen at Nueva Esperanza.

Common Black-Hawk *Buteogallus anthracinus*—An immature was seen soaring with vultures at Bocas on arrival day. An adult was briefly seen from the tower at the lodge. Two more seen during the boat ride to Popa Island.

Roadside Hawk *Rupornis magnirostris*—One seen by some participants on the TB grounds on arrival day. Two more seen in the Punta Robalo lowlands. Another heard at Nueva Esperanza.

White Hawk *Pseudastur albicollis*—One briefly seen at the lunch stop at Fortuna. It came out of a forested ravine below where we were.

Broad-winged Hawk *Buteo platypterus*—Very small numbers seen during the first outing to the mainland. Consisted mostly of small flocks migrating with the Turkey Vultures. One seen at Fortuna.

Short-tailed Hawk *Buteo brachyurus*— One dark morph seen at the ranger station below Palo Seco. Two black morph individuals seen at Nueva Esperanza.

Swainson's Hawk *Buteo swainsoni*— Very few seen during the first outing to the mainland.

Red-tailed Hawk *Buteo jamaicensis*— One seen at the Fortuna dam and another at the lunch stop.

OWLS: Strigidae (2)

Mottled Owl *Ciccaba virgata*—(HO) One briefly heard at the lodge during a night walk.

Black-and-white Owl *Ciccaba nigrolineata*—(HO) One heard at close range above our heads at the frog pond behind the lodge. Unfortunately, we could not locate it.

TROGONS: Trogonidae (5)

Collared Trogon *Trogon collaris*—(HO) One heard along the road below the Fortuna reserve.

Northern Black-throated Trogon *Trogon tenellus*—One seen below the Palo Seco reserve during our second outing to the mainland.

Gartered Trogon *Trogon caligatus*—A male and female seen along the highway well below Palo Seco.

White-tailed Trogon *Trogon chionurus*—A beautiful male found at Nueva Esperanza. According to Roger, this is the westernmost sighting of this species.

Slaty-tailed Trogon *Trogon massena*—One seen at Nueva Esperanza.

KINGFISHERS: Alcedinidae (5)

Ringed Kingfisher *Megaceryle torquata*—One observed during a boat ride heading toward the mainland. Two seen along the San San Pond canal. Two more seen during the boat ride to Popa Island.

Belted Kingfisher *Megaceryle alcyon*—One seen at the mouth of the San San Pond canal.

Amazon Kingfisher *Chloroceryle amazona*—One seen along the San San Pond canal.

American Pygmy Kingfisher *Chloroceryle aenea*—One briefly seen at first light as we departed the lodge toward the mainland. One seen perched high and in plain view at the beginning of the trip along the San San Pond canal. Very lucky! A male/female pair seen at close range in a mangrove estuary at Nueva Esperanza.

Green Kingfisher *Chloroceryle americana*—One observed during a boat ride heading toward the mainland. One seen along the San San Pond canal.

PUFFBIRDS: Bucconidae (1)

Pied Puffbird *Notharchus tectus*— One seen through the scope between the Punta Robalo lowlands and the climb to Palo Seco. Another seen at Nueva Esperanza.

MOTMOTS: Momotidae (2)

Lesson's Motmot *Momotus lessonii*—One seen in the Fortuna area.

Broad-billed Motmot *Electron platyrhynchum*— (HO) One heard only during the first visit to Palo Seco. It was very close but we could not locate it.

TOUCANS: Ramphastidae (4)

Northern Emerald Toucanet *Aulacorhynchus prasinus* – One heard only during the first visit to Palo Seco. Two seen very well below the Fortuna reserve. They were feeding on *Cecropia* fruits and one even sunned itself for us.

Collared Aracari *Pteroglossus torquatus*—A pair seen in the Punta Robalo lowlands. Another seen at another roadside stop en route to Palo Seco. Two seen during the walk on Popa Island.

Yellow-throated Toucan *Ramphastos ambiguus*—One seen at the ranger station en route to Palo Seco. Numerous birds seen at Nueva Esperanza.

Keel-billed Toucan *Ramphastos sulfuratus*— A pair seen in the Punta Robalo lowlands. More seen at another roadside stop en route to Palo Seco. Numerous birds seen at Nueva Esperanza.

WOODPECKERS: Picidae (7)

Acorn Woodpecker *Melanerpes formicivorus*—Several seen at the lunch stop below Fortuna.

Smoky-brown Woodpecker *Dryobates fumigates* –One briefly seen along the highway as we descended Palo Seco.

Black-cheeked Woodpecker *Melanerpes pucherani*—One seen at close range by the TB restaurant deck when it came to feed on bananas. A nesting pair seen at Nueva Esperanza.

Red-crowned Woodpecker *Melanerpes rubricapillus*—One seen at the lunch spot below Fortuna.

Pale-billed Woodpecker *Campephilus guatemalensis*—One seen with a scope in the Punta Raton area.

Lineated Woodpecker *Dryocopus lineatus*—One seen soaring overhead that flew in from a far ridgeline.

Golden-olive Woodpecker *Colaptes rubiginosus*—One seen with a scope below Fortuna near the lunch stop.

FALCONS AND CARACARAS: Falconidae (4)

Yellow-headed Caracara *Milvago chimachima*—Several seen in the Punta Raton area.

Merlin *Falco columbarius*— A perched male seen during the boat ride to Popa Island.

Bat Falcon *Falco ruficularis*—A perched, and very cooperative, bird seen at close range at Nueva Esperanza.

Peregrine Falcon *Falco peregrinus*— One seen flying away at Bocas right before we boarded the boats. A large individual, likely a female, flew across the Rio Changuinola and attempted to take the Sungrebe that was swimming against a vegetated bank. A great show!

PARROTS: Psittacidae (6)

Orange-chinned Parakeet *Brotogeris jugularis*— A pair beginning to nest in a pine at the lunch stop at Fortuna.

Blue-headed Parrot *Pionus menstruus*—Small numbers flew past us while we were atop the tower at TB on arrival day. Small numbers also seen in the Punta Raton lowlands. Several seen perched a close range from atop the tower. A few seen along the San San Pond canal.

Red-lored Parrot *Amazona autumnalis*—Small numbers seen while we were atop the tower at TB. A few stopped to feed on nearby seeding trees. Small numbers also seen in the Punta Raton lowlands. A few seen along the San San Pond canal.

Mealy Parrot *Amazona farinosa*— A pair seen at the lodge. A perched individual seen during the boat ride to Popa Island.

Olive-throated Parakeet *Eupsittula nana*—A pair perched for brief views along the San San Pond canal.

Crimson-fronted Parakeet *Psittacara finschi*—One observed while feeding in the Punta Raton lowlands. A passing flock briefly seen at Nueva Esperanza.

ANTBIRDS: Thamnophilidae (4)

Great Antshrike *Taraba major*—(HO) Two heard calling from the thick vegetation in the Punta Raton area.

Black-crowned Antshrike *Thamnophilus atrinucha*— A male seen well during the walk on Popa Island.

Chestnut-backed Antbird *Poliocrania exsul*—One seen at fairly close range at TB along the forested path between the restaurant and the cabins.

Dull-mantled Antbird *Sipia laemosticta*— One seen along the road below Palo Seco during the second trip to the mainland.

OVENBIRDS AND WOODCREEPERS: Furnariidae (6)

Cocoa Woodcreeper *Xiphorhynchus susurrans*— Two heard calling inside the forest along the San San Pond canal. One seen at Nueva Esperanza.

Spotted Woodcreeper *Xiphorhynchus erythropygius*— One seen below Palo Seco during the second trip to the mainland.

Northern Barred Woodcreeper *Dendrocolaptes santithomae*—(HO) One heard along the road during the second trip to the mainland.

Wedge-billed Woodcreeper *Glyphorhynchus spirurus*— One seen below Palo Seco during the second trip to the mainland.

Streak-headed Woodcreeper *Lepidocolaptes souleyetii*— Two seen along the highway en route to Palo Seco.

Plain Xenops *Xenops minuta*—One perched individual seen with a scope at Buena Esperanza.

MANAKINS: Pipridae (2)

White-collared Manakin *Manacus candei*—A pair of males and females seen at TB on arrival day. Several were feeding on various fruiting *Miconia* shrubs. Many heard inside the forest along the San San Pond canal.

Red-capped Manakin *Ceratopipra mentalis*— A male and female seen at TB on arrival day.

COTINGAS: Cotingidae (2)

Purple-throated Fruitcrow *Querula purpurata*— A male and female seen well and close range at Nueva Esperanza.

Snowy Cotinga *Carpodectes nitidus*— Two separate males seen during the boat ride to Popa Island. In early March, one of the lodge staff discovered an active nest. Roger had not seen it until today, and it was located in plain view in a fairly small mangrove. We were able to see and enjoy the female and get great photos of this rare occurrence.

BECARDS AND TITYRAS: Tityridae (4)

Black-crowned Tityra *Tityra inquisitor*—A male and female were seen along the highway en route to Palo Seco. Another male was seen during the walk on Popa Island.

Masked Tityra *Tityra semifasciata*—A nice male seen in front of the cabins at TB on arrival day. A few more seen en route to Palo Seco.

Cinnamon Becard *Pachyramphus cinnamomeus*—A nesting pair seen at the ranger station en route to Palo Seco.

White-winged Becard *Pachyramphus polychopterus*—A handsome male seen well at Nueva Esperanza.

ROYAL FLYCATCHER AND ALLIES: Oxyruncidae (1)

Royal Flycatcher *Onychorhynchus coronatus*— A nest was being built along the San San Pond canal but the bird could not be located.

TYRANT FLYCATCHERS: Tyrannidae (22)

Black-capped Pygmy-Tyrant *Myiornis atricapillus*—One seen very well at Nueva Esperanza.

Scale-crested Pygmy-Tyrant *Lophotriccus pileatus*—One briefly seen in the dense understory at Palo Seco.

Common Tody-Flycatcher *Todirostrum cinereum*— Seen well at the ranger station below Palo Seco. Another seen along the San San Pond canal.

Yellow-crowned Tyrannulet *Tyrannulus elatus*—One seen during a roadside stop en route to Palo Seco.

Olive-streaked Flycatcher *Mionectes olivaceus*—One seen along the road before the lunch stop at Fortuna.

Yellow-bellied Elaenia *Elaenia flavogaster*—Two seen well in the Punta Robalo lowlands.

Olive-sided Flycatcher *Contopus cooperi*—One seen at the lunch stop below Fortuna.

Eastern Wood-Pewee *Contopus virens*— A few heard and one seen at Tranquilo Bay and Punta Robalo.

Acadian Flycatcher *Empidonax virescens*—One seen inside the forest at Tranquilo Bay.

Long-tailed Tyrant *Colonia colonus*—A pair seen with a scope at Nueva Esperanza.

Bright-rumped Attila *Attila spadiceus*—One seen crossing the canal at San San Pond wetlands.

Rufous Mourner *Rhytipterna holerythra*—Two seen very well along the road below Palo Seco during the second trip to the mainland.

Dusky-capped Flycatcher *Myiarchus tuberculifer*—One seen along the highway near Palo Seco.

Great Crested Flycatcher *Myiarchus crinitus*— (HO) One heard calling from the canopy at the lodge.

Great Kiskadee *Pitangus sulphuratus*— Seen on the lodge grounds and elsewhere. Quite common.

Boat-billed Flycatcher *Megarynchus pitangua*— A pair seen en route to Palo Seco.

Social Flycatcher *Myiozetetes similis*— Seen on the lodge grounds and elsewhere.

Gray-capped Flycatcher *Myiozetetes granadensis*— One seen in the Punta Robalo area and another at the ranger station below Palo Seco.

Golden-bellied Flycatcher (RE) *Myiodynastes hemichrysus*—One seen at close range at Palo Seco. It was the best look we had of this regional endemic.

Sulphur-bellied Flycatcher *Myiodynastes luteiventris*—One seen at Punta Robalo near the boat dock. Another one seen during the walk on Popa Island.

Tropical Kingbird *Tyrannus melancholicus*—Several seen in Bocas right before we boarded the boats.

Eastern Kingbird *Tyrannus tyrannus*— A small migrating flock seen during the boat ride to Popa Island. One other perched bird seen that morning as well.

VIREOS: Vireonidae (2)

Lesser Greenlet *Pachysylvia decurtata*—A few heard only at TB on arrival day. Many heard only along the San San Pond canal. One briefly seen at Nueva Esperanza.

Red-eyed Vireo *Vireo olivaceus*— One seen twice from the restaurant balcony. A small flock seen along the San San Pond canal.

CROWS AND JAYS: Corvidae (2)

Black-chested Jay *Cyanocorax affinis*— A few seen at Nueva Esperanza.

Brown Jay *Psilorhinus morio*—One seen in the foothills en route to Palo Seco.

SWALLOWS AND MARTINS: Hirundinidae (5)

Blue-and-white Swallow *Pygochelidon cyanoleuca*— Several seen passing just off the ground at the Fortuna dam rest area.

Gray-breasted Martin *Progne chalybea*— Small numbers seen at Bocas right before we boarded the boats. Some seen at the Fortuna dam.

Mangrove Swallow *Tachycineta albilinea*— A few seen around Punta Robalo over the lagoon. A few seen along the Rio Changuinola.

Barn Swallow *Hirundo rustica*—A few seen from atop the tower at TB on arrival day. Many seen migrating in the Punta Robalo area.

Cliff Swallow *Petrochelidon pyrrhonota*—Migrating birds seen over the lagoon during one of our mainland excursions.

GNATCATCHERS: Polioptilidae (2)

Long-billed Gnatwren *Ramphocaenus melanurus*— (HO) One heard calling along the San San Pond canal.

White-browed Gnatcatcher *Polioptila bilineata*— A female seen at close range from the restaurant balcony.

WRENS: Troglodytidae (7)

Southern House Wren *Troglodytes musculus*—A pair seen at Punta Robalo.

Black-throated Wren *Pheugopedius atrogularis*— (HO) Many heard throughout the morning along the San San Pond canal.

Canebrake Wren *Cantorchilius zeledoni* (RE)—One seen during a stop along the San San Pond canal.

Isthmian Wren *Cantorchilius zeledoni*—One seen in the brush at the Fortuna dam rest area.

Bay Wren *Cantorchilus nigricapillus*— (HO) One heard at the ranger station en route to Palo Seco. Heard frequently at the lodge. Several heard along the San San Pond canal.

White-breasted Wood-Wren *Henicorhina leucosticta*—(HO) One calling inside the forest below Palo Seco.

Gray-breasted Wood-Wren *Henicorhina leucophrys*— (HO) Calling inside the forest at Palo Seco.

MOCKINGBIRDS AND THRASHERS: Mimidae (2)

Gray Catbird *Dumetella carolinensis*—One seen by some participants at TB on arrival day. Several seen along the San San Pond canal.

Tropical Mockingbird *Mimus gilvus*— One seen at the Fortuna dam rest area.

THRUSHES: Turdidae (4)

Swainson's Thrush *Catharus ustulatus*— One resting individual seen at the ranger station below Palo Seco.

Pale-vented Thrush *Turdus obsoletus*—One seen briefly along the Palo Seco road.

White-throated Thrush *Turdus plebejus*—(HO) One heard calling constantly during a stop below Fortuna.

Clay-colored Thrush *Turdus grayi*— Several seen in the Punta Robalo lowlands.

OLD WORLD SPARROWS: Passeridae (1)

House Sparrow *Passer domesticus*—One seen at Bocas right before we boarded the boats. Others seen at the Chiriqui gas station.

FINCHES AND EUPHONIAS: Fringillidae (4)

Thick-billed Euphonia *Euphonia laniirostris*—One seen along the road below the Fortuna dam.

Olive-backed Euphonia *Euphonia gouldi*—A male and female seen at the ranger station below Palo Seco. A male seen at Nueva Esperanza.

White-vented Euphonia *Euphonia minuta*—Two males seen multiple times while atop the tower at TB.

Tawny-capped Euphonia *Euphonia anneae*—One briefly seen at the ranger station below Palo Seco.

NEW WORLD SPARROWS: Passerellidae (4)

Common Chlorospingus *Chlorospingus flavopectus*— Several seen along the Palo Seco road.

Black-striped Sparrow *Arremonops conirostris*—Many heard in the Punta Robalo lowlands. One seen during a stop along the San San Pond canal.

Rufous-collared Sparrow *Zonotrichia capensis*—One seen singing at the Fortuna dam.

White-naped Brushfinch *Atlapetes albinucha*—One seen below the restaurant at the lunch stop below Fortuna.

NEW WORLD BLACKBIRDS: Icteridae (8)

Red-breasted Meadowlark *Sturnella militaris*—Several males seen in pastures in the Punta Robalo lowlands. A few more seen along the Rio Changuinola.

Montezuma Oropendola *Psarocolius montezuma*— Small flocks seen at TB on arrival day. Some stopped to feed on fruiting *Miconia*. A few seen along the San San Pond canal. Many seen at Nueva Esperanza.

Chestnut-headed Oropendola *Psarocolius wagleri*—A small flock was seen at the ranger station below Palo Seco.

Baltimore Oriole *Icterus galbula*—A pair of females and one male seen at TB on arrival day. A few seen at Nueva Esperanza.

Bronzed Cowbird *Molothrus aeneus*—A female photographed by Mark in the Punta Robalo lowlands.

Giant Cowbird *Molothrus oryzivorus*— Several females and a male seen in the Punta Robalo lowlands.

Melodious Blackbird *Dives dives*—One seen in the Punta Robalo lowlands. Apparently, this is an uncommon bird there.

Great-tailed Grackle *Quiscalus mexicanus*—Seen in Panama City and a few in the Punta Robalo lowlands.

NEW WORLD WARBLERS: Parulidae (13)

Black-and-white Warbler *Mniotilta varia*—One photographed by Alee at the lodge.

Prothonotary Warbler *Protonotaria citrea*— Small numbers seen at TB on arrival day, including some feeding on bananas.

Tennessee Warbler *Oreothlypis peregrina*—Quite common at this time of year. Many seen feeding on bananas. A few seen at Nueva Esperanza. A few more seen below the Fortuna dam.

Mourning Warbler *Oreothlypis philadelphia*—One seen at the ranger station below Palo Seco. A beautiful male seen foraging in a large tree in the San San Pond canal.

Olive-crowned Yellowthroat *Geothlypis semiflava*— One seen well at close range in the Punta Robalo lowlands.

Blackburnian Warbler *Setophaga fusca*—One briefly seen along the highway en route to Palo Seco. Another seen below Fortuna near the lunch stop.

Yellow Warbler *Setophaga petechia*— A male seen near the Punta Robalo boat dock.

Mangrove Yellow Warbler *Setophaga petechia erithachorides*— Two females seen during the boat ride to Popa Island.

Chestnut-sided Warbler *Setophaga pensylvanica*— Several brightly colored males seen on the lodge grounds and en route to Palo Seco. A few more males seen along the San San Pond canal.

Black-throated Green Warbler *Setophaga virens*— One seen in some non-native pines below Fortuna near the lunch stop.

American Redstart *Setophaga ruticilla*—A female seen foraging in the mangroves during the boat ride to Popa Island.

Tropical Parula *Setophaga pitiayumi*— One seen at close range below Palo Seco. Feeding in a Cecropia.

Chestnut-capped Warbler *Basileuterus delatirii*—One seen along the road below Fortuna near the lunch stop.

CARDINALS, GROSBEAKS AND ALLIES: Cardinalidae (8)

Summer Tanager *Piranga rubra*— A bright male seen while atop the tower at TB. A few more seen along the San San Pond canal.

Hepatic Tanager *Piranga flava*—A male seen along the highway just below Palo Seco. One seen below Fortuna.

Scarlet Tanager *Piranga olivacea*— Two vibrant males seen while atop the tower at TB. They fed on *Miconia* fruits.

Flame-colored Tanager *Piranga bidentata*— A nice male seen below Fortuna near the lunch stop.

Red-throated Ant-Tanager *Habia fuscicauda*—A male seen well during the walk on Popa Island.

Black-faced Grosbeak *Caryothraustes poliogaster*—One seen with a scope along the highway just below Palo Seco.

Rose-breasted Grosbeak *Pheucticus ludovicianus*— One briefly seen at the ranger station below Palo Seco.

Blue-black Grosbeak *Cyanoloxia cyanooides*— A female seen briefly at TB on arrival day.

TANAGERS AND ALLIES: Thraupidae (22)

Tawny-crested Tanager *Tachyphonus delatirii*—A small flock seen in the TB gardens on arrival day where they fed on *Miconia* fruits.

White-lined Tanager *Tachyphonus rufus*—One male seen in the Punta Robalo lowlands and another at the ranger station below Palo Seco. A male seen at close range during the walk on Popa Island.

Scarlet-rumped Tanager *Ramphocelus passerinii*— Numerous males and females seen in the Punta Robalo lowlands. Lesser numbers seen upslope from there. A few seen at Nueva Esperanza. A few seen below Fortuna near the lunch stop.

Blue-gray Tanager *Thraupis episcopus*— Several seen in the Punta Robalo lowlands. A pair seen from the restaurant balcony. A pair seen at Nueva Esperanza. Many seen below Fortuna.

Palm Tanager *Thraupis palmarum*— A few seen en route to Palo Seco.

Golden-hooded Tanager *Tangara larvata*—One seen in the Punta Robalo lowlands. One seen at Nueva Esperanza. Two seen with a nest in a palm during the walk on Popa Island.

Plain-colored Tanager *Tangara inornata*—One seen from the restaurant balcony. Two more seen from atop the tower. A pair seen along the San San Pond canal. A pair seen below Fortuna near the lunch stop.

Bay-headed Tanager *Tangara gyrola*—One male seen below Fortuna near the lunch stop.

Scarlet-thighed Dacnis *Dacnis venusta*— Two males seen around Palo Seco. Another seen below Fortuna near the lunch stop.

Blue Dacnis *Dacnis cayana*— A pair of males and females seen in the TB gardens on arrival day. They were feeding on *Miconia* fruits. Another seen below Palo Seco.

Shining Honeycreeper *Cyanerpes lucidus*— A male and two females seen at TB on arrival day. One female came to feed on bananas at the restaurant. The others were seen feeding on *Miconia* fruits.

Red-legged Honeycreeper *Cyanerpes cyaneus*—A male and female seen at Punta Robalo upon arrival. A pair seen at the onset of the boat ride along the San San Pond canal.

Green Honeycreeper *Chlorophanes spiza*—A male and female seen feeding on *Miconia* fruits at TB.

Blue-black Grassquit *Volatinia jacarina*—A few seen in the Punta Robalo area.

Thick-billed Seed-Finch *Sporophila funereal*—Two separate singing males seen around Punta Robalo.

Nicaraguan Seed-Finch (RE) *Sporophila nuttingi*—A male seen in a field at the onset of the boat ride on the San San Pond canal. At first it was seen from afar, then it moved closer to feed on seeding grasses.

Variable Seedeater *Sporophila corvina*— One male seen in the TB gardens on arrival day. Many males and some females seen in Punta Robalo and some upslope.

Morelet's Seedeater *Sporophila moreletii*—Small numbers seen in the Punta Robalo lowlands.

Bananaquit *Coereba flaveola*— Small numbers seen daily at TB. Small numbers seen during the outing to Palo Seco. A couple seen along the San San Pond canal.

Yellow-faced Grassquit *Tiaris olivaceus*—A male surprisingly seen in the Punta Robalo area. A few also seen at the lunch stop below Fortuna.

Buff-throated Saltator *Saltator maximus*— Several seen well in the Punta Robalo area. Some were feeding on *Miconia* fruits. One seen below Fortuna at the lunch stop.

Cinnamon-bellied Saltator *Saltator grandis*—One seen along the road at Punta Robalo.

MAMMALS (11 species recorded):

Gray Four-eyed Opossum *Philander opossum*— One came to bananas placed out at the restaurant on Day 2. A young one seen by the cabins during a night walk.

Brown-throated Three-toed Sloth *Bradypus variegatus*—One sleeping individual seen in a *Cecropia* at TB on arrival day. Two more seen during the full day outing to Palo Seco. Two seen at TB after a rain storm. Several more seen along the San San Pond canal. Two more seen at Nueva Esperanza.

Hoffmann's Two-toed Sloth *Choloepus hoffmanni*— One seen tucked way in a tree at Nueva Esperanza.

Red-tailed Squirrel *Sciurus granatensis*— One seen at the lunch stop below Fortuna.

Western Dwarf Squirrel *Microsciurus mimulus*—One seen along the road at the Fortuna dam.

White-throated Capuchin *Cebus capucinus*—A small troop seen at the lodge that arrived at the restaurant. The full troop was seen walking atop most cabins one day.

Mantled Howler Monkey *Alouatta palliata*—One male heard during the full day outing to Palo Seco. Another heard along the San San Pond canal. A troop seen along a ridgeline at Nueva Esperanza.

Panamanian Night Monkey *Aotus zonalis*—Several seen by some participants on the first night at the restaurant. Seen at different night there as well.

Common Raccoon *Procyon lotor*—One seen during the first night at TB at the restaurant where it was going to eat the bananas set out for other mammals.

Lesser White-lined Bat *Saccopteryx leptura*— Small numbers seen on a day roost on a cabin at TB.

Common Bottlenose Dolphin *Tursiops truncatus*— One seen right by the lodge dock on Day 2.

REPTILES AND AMPHIBIANS (19 species recorded):

- Spectacled Caiman** *Caiman crocodius*— Several seen sun bathing in the Punta Robalo lowlands. A small one seen in the lodge's pond during a night walk.
- Green Iguana** *Iguana iguana*— One seen by some participants in the mangroves at the lodge. Many seen during the boat ride along the San San Pond canal and Rio Changuinola.
- Red-eyed Tree Frog** *Agalychnis callidryas*— At least 5 seen at the lodge's pond during a night walk, along with two egg masses.
- Striped Rocket Frog** *Allobates talamancae*—One seen at the lodge's pond during a night walk.
- Strawberry Poison Dart Frog** *Oophaga pumilio*—The red-and-blue race was seen along the San San Pond canal route. The blue race was seen in the Buena Esperanza area. A bronze-and-blue race seen on Popa Island.
- Green-and-black Poison Dart Frog** *Dendrobates auratus*— One seen in the Buena Esperanza area alongside many of the blue Strawberrys.
- Isla Bonita Rubber Frog** *Craugastor crassidigitus*—One seen at the lodge's pond during a night walk.
- Vaillant's Frog** *Lithobatis vaillanti*—One seen at the lodge's pond during a night walk.
- Green Climbing Toad** *Incilius coniferus*—A small one seen near the lodge's pond.
- Turnip-tailed Gecko** *Thecadactylus rapicauda*—An immature photographed by Peter at their cabin.
- Border Anole** *Anolis limifrons*—One seen at TB just inside the forest.
- Green Basilisk** *Basiliscus plumifrons*— A male and female were seen along the San San Pond canal route.
- Brown Basilisk** *Basiliscus vittatus*—A large female observed on the lodge grounds.
- Common Basilisk** *Basiliscus basiliscus*—One seen at Fortuna dam.
- Helmeted Basilisk** *Corytophanes cristatus*—Two young ones found by Robert at lunchtime roosting low in an American Palm near the restaurant.
- Middle American Ameiva** *Halcosus festivus*—One seen at a participant's cabin.
- Brown Vinesnake** *Oxybelis aeneus*— One spotted by Robert on the steps leading up the restaurant.
- Fer-de-Lance** *Bothrops asper*—A very small one seen in the grass at the ranger station. It was captured and released into the nearby forest.
- Common Blunt-headed Snake** *Imantodes cenchoa*—One seen at close range at the lodge during a night walk.

INSECTS (14 species recorded):

- Giant Swallowtail** *Heracles rumiko*—A large larva spotted by Brenda on a *Citrus* tree.
- Ruby-spotted Swallowtail** *Heracles anchisiades*—One larva found by Brenda on a *Citrus* tree.
- Dyar's Swallowtail** *Battus ingenuus*—Many seen flying around the lodge and feeding on Porterweed.
- Crimson-patched Longwing** *Heliconius erato*—One seen along the road below Palo Seco.
- Sara Longwing** *Heliconius sara*—Many seen along the road at Punta Robalo and during the boat ride at San San Pak wetlands.
- Julia** *Dryas iulia*—One seen during the boat ride at San San Pak wetlands.
- Menelaus Morpho** *Morpho menelaus*— Two males seen at Nueva Esperanza.
- Common Blue Morpho** *Morpho helenor*— Several seen around the wet forests en route to Palo Seco.
- Diasia Clearwing** *Ithomia diasia*—Many seen along the road below Palo Seco.
- Mimic Tigerwing** *Melinaea lilis*—Two of these mimics were feeding on *Ageratum* en route to Palo Seco.
- Zibia Tigerwing** *Scada zibia*—One seen feeding on *Ageratum* en route to Palo Seco.
- Heraldica Clearwing** *Ithomia heraldica*—Striking bronze-colored species. Two seen on the *Ageratum* flowers en route to Palo Seco.
- Klug's Clearwing** *Dircenna klugii*—A male seen on the *Ageratum* en route to Palo Seco.
- White-tipped Cycadian** *Eumaeus godartii*—Many adults seen inside the forest at TB.