

Western Panama: Tranquilo Bay Species List | January 17-24, 2026 With Mount Totumas Extension Jan. 24-28 with Naturalist Journeys



Compiled by guide Kent Skaggs with local guide Roger Morales at Tranquilo Bay and Reinaldo Rodriguez at Mount Totumas. Our clients included Clare & Tom, Holly & Gerold, Josh, Joyce & Stan, Julia & Bill and Mary & Bob.

Bird and nature enthusiasts from California, Colorado, Florida, Massachusetts, Montana, North Carolina and New Jersey, traveled to the Bocas del Toro archipelago of Panama to experience the peace and serenity of the Tranquilo Bay Eco Adventure Lodge and the rich biological diversity of Western Panama. With Tranquilo Bay as our home base, we spent the week exploring areas on the mainland as well as areas within the archipelago. Half of the group also signed on for the post-tour extension to the Mount Totumas Cloud Forest Reserve where we were surrounded by stunning scenery while we tried to add new bird species to our Panama list. Details of what was encountered during the tour and where are listed below.

BIRDS 287 species were recorded of which 13 were heard only, 20 were regionally endemic and zero were introduced. Details are included below.

The eBird links below detail the 287 species of birds our group observed during the tour. If you're new to eBird, be sure to click "Show All Details" on the right side of the list to expand the report and reveal where and when each of the birds were seen and how many.

[Western Panama: Tranquilo Bay | January 17-24, 2026 | eBird Trip Report](#)

[Mount Totumas Extension | January 24-28. 2026 | eBird Trip Report](#)

In addition to the birds seen on the tour, the following is a list of mammals, reptiles and amphibians and a few other critters we were fortunate to observe during the trip.

Family or Species Common Name: Scientific Name

MAMMALS (13):

Derby's Woolly Opossum *Caluromys derbianus* — Seen each day at Tranquilo Bay shortly before sunrise or shortly after sunset eating bananas at the fruit feeding station.

Brown-throated Three-toed Sloth *Bradypus variegatus* — Seen multiple days at Tranquilo Bay, on Isla Venado and along the Chinguinola Canal.

Hoffmann's Two-toed Sloth *Choloepus hoffmanni* — One seen at Tranquilo Bay on our first day.
Central American Agouti *Dasyprocta punctata* — Seen at Mount Totumas.
Neotropical River Otter *Lontra longicaudis* — One was seen popping its head out of the water on the Chinguinola River.
Western Dwarf Squirrel *Microsciurus mimulus* — One was seen while birding in the Palo Seco Protection Forest.
Red-tailed Squirrel *Sciurus granatensis* — Seen in the Palo Seco Protection Forest and at the Mount Totumas Cloud Forest Reserve.
White-throated Capuchin *Cebus capucinus* — Seen along the Chinguinola Canal, at the lodge at Tranquilo Bay and at the Mount Totumas Cloud Forest Reserve.
Mantled Howler Monkey *Alouatta palliata* — Seen and heard at multiple locations.
Black-handed Spider Monkey *Ateles geoffroyi* — Seen at the Mount Totumas Cloud Forest Reserve.
Crab-eating Raccoon *Procyon cancrivorus* — Seen daily on the deck of the lodge at Tranquilo Bay where they came for their daily banana allotment.
Lesser White-lined Bat *Saccopteryx leptura* — Seen at Tranquilo Bay.
Common Bottlenose Dolphin *Tursiops truncatus* — Seen while en route to the mainland and in the Isla Popa-Isla Venado Canal.

REPTILES AND AMPHIBIANS (13):

Spectacled Caiman *Caiman crocodilus* — Seen at Tranquilo Bay and along the Isla Popa-Isla Venado Canal.
Green Iguana *Iguana iguana* — Seen along the Chinguinola Canal
Green Basilisk *Basiliscus plumifrons* — Seen along the Chinguinola Canal.
Brown Basilisk *Basiliscus vittatus* — Seen at Tranquilo Bay.
Helmeted Basilisk *Corytophanes cristatus* — Seen at Tranquilo Bay on the nightwalk.
Emerald Swift (Green Spiny Lizard) *Sceloporus malachiticus* — Seen at the Mount Totumas Cloud Forest Reserve.
Border Anole *Anolis limifrons* — Seen at Tranquilo Bay.
Giant Parrot Snake *Leptophis ahaetulla* — Seen at Tranquilo Bay on the nightwalk.
Striped Rocket Frog *Allobates talamancae* — Seen near Tierra Oscura.
Strawberry Poison Dart Frog *Oophaga pumilio* — Seen on Isla Popa and near Tierra Oscura.
Savage's Bullfrog *Leptodactylus savagei* — Seen at Tranquilo Bay on the nightwalk.
Vaillant's Frog *Lithobates vaillanti* — Seen at Tranquilo Bay on the nightwalk.
Giant Toad *Rhinella horribilis* — Seen at Tranquilo Bay.

FISH AND CRUSTACEANS (8):

Spotted Eagle Ray *Aetobatus narinari* — Seen a couple of times in the shallows off of the southern end of Bastimentos Island.
Southern Stingray *Hypanus americanus* — Seen once in the shallows off of the southern end of Bastimentos Island.
Nurse Shark *Ginglymostoma cirratum* — One was seen while snorkeling between the Johnson Cay and Isla Popa.
Great Barracuda *Sphyrna barracuda* — Seen while snorkeling off the dock at Tranquilo Bay.
Queen Angelfish *Holocanthus ciliaris* — Seen while snorkeling off the dock at Tranquilo Bay.
Blue Parrotfish *Scarus coeruleus* — Seen while snorkeling off the dock at Tranquilo Bay.
Caribbean Spiny Lobster *Panulirus argus* — One was seen while snorkeling between the Johnson Cay and Isla Popa.
Mangrove Tree Crab *Aratus pisonii* — Seen along the walkway between the dock and the lodge at Tranquilo Bay.