Sunshine Birding: California Coast to Cactus | Species List January 10 – 17, 2023 | with Naturalist Journeys



Guides Jon Atwood and David Yee and participants Betsy, Jane, Regina, Lea, Robert, Nancy, Rick, Gary, Drina[•] and Tom

Compiled by: Jon Atwood

Summary: This trip included visits to sites adjacent to the California coast (San Diego River, Mission Bay, Tijuana River National Wildlife Refuge, La Jolla, Lake Murray, Santee Lakes, San Elijo Lagoon and Balboa Park); mountain areas near Julian and Mt Palomar and Colorado Desert habitats in Anza-Borrego State Park (Tamarisk Grove Campground, State Park Visitor Center and Shelter Valley neighborhood) and the south end of the Salton Sea (Sonny Bono National Wildlife Refuge and associated agricultural fields). A series of unusually heavy rainfalls, and associated wind and cold temperatures, garnered the attention of national news outlets during the trip – this was definitely not a typical southern California weather system! Because of these weather challenges, less time was spent birding in the mountain habitats than had originally been planned, and time scheduled in the vicinity of Anza-Borrego was shifted to the Salton Sea. eBird checklists are identified at end of this report.

167 SPECIES TOTAL

BIRDS

Family or Species Common Name	Scientific Name	
DUCKS, GEESE, AND SWANS	Anatidae	
Snow Goose	Anser caerulescens	Only seen in flight at the Salton Sea.
Brant	Branta bernicla	Small numbers seen at the San Diego River and in Mission Bay.
Cackling Goose	Branta hutchinsii	Previously located rare bird seen at Lake Murray.
Canada Goose	Branta canadensis	Seen at Lake Murray and Lake Cuyamaca.
Wood Duck	Aix sponsa	Several pairs seen at Santee Lakes.
Cinnamon Teal	Spatula cyanoptera	Small numbers seen at Santee Lakes and Salton Sea.
Northern Shoveler	Spatula clypeata	Repeatedly seen on 5 days of the trip, espe- cially at the San Diego River and Santee Lakes.
Gadwall	Mareca strepera	Tijuana River NWR, San Elijo Lagoon, Lake Murray and Santee Lakes.
American Wigeon	Mareca americana	Repeatedly seen on 5 days of the trip, espe- cially at the San Diego River and Santee Lakes.
Mallard	Anas platyrhynchos	Seen on 6 days of the trip.
Northern Pintail	Anas acuta	Tijuana River NWR, San Elijo Lagoon, Lake Murray and Santee Lakes.
Redhead	Aythya americana	Several individuals seen at Lake Murray.
Ring-necked Duck	Aythya collaris	Well seen at Lake Murray and Santee Lakes.
Lesser Scaup	Aythya affinis	San Diego River, Tijuana River NWR, San Elijo Lagoon, Lake Murray and Santee Lakes.
Surf Scoter	Melanitta perspicillata	Mission Bay.

Long-tailed Duck	Clangula hyemalis	Single female seen in Mission Bay – a rare bird for this region that had previously been located.
Bufflehead	Bucephala albeola	Tijuana River NWR, San Elijo Lagoon.
Common Goldeneye	Bucephala clangula	Mission Bay.
Common Merganser	Mergus merganser	Several female-plumaged birds seen on Lake Cuyamaca.
Red-breasted Merganser	Mergus serrator	Small numbers at San Diego River and Mission Bay.
Ruddy Duck	Oxyura jamaicensis	Large numbers (several hundred) at Salton Sea, smaller numbers at almost all other wa- terfowl sites. Males almost all entirely in non- breeding plumage.
NEW WORLD QUAIL	Odontophoridae	
Gambel's Quail	Callipepla gambelii	Great looks at the feeders and Sonny Bono NWR.
PHEASANTS, PARTRIDGES, AND ALLIES	Phasianidae	
Wild Turkey	Meleagris gallopavo	Two small groups along the road between Julian and Mt Palomar.
GREBES	Podicipedidae	
Pied-billed Grebe	Podilymbus podiceps	Good looks on 5 days of the trip.
Eared Grebe	Podiceps nigricollis	San Diego River & Mission Bay. Small num- bers at the Salton Sea, which formerly hosted tens of thousands.
Western Grebe	Aechmophorus occidentalis	Mission Bay, Tijuana River NWR, Lake Mur- ray.
PIGEONS AND DOVES	Columbidae	
Rock Pigeon (I)	Columba livia	Not seen on the Julian / Mt Palomar portion of the trip.
Band-tailed Pigeon	Patagioenas fasciata	Good numbers seen on the Julian / Mt Palo- mar portion of the trip.
Eurasian Collared-Dove (I)	Streptopelia decaocto	Recorded on 4 of the 7 days of the trip.
Common Ground-Dove	Columbina passerina	Anza-Borrego and Salton Sea.
White-winged Dove	Zenaida asiatica	Anza-Borrego and Salton Sea.
Mourning Dove	Zenaida macroura	Seen on all days of the trip.
CUCKOOS	Cuculidae	
Greater Roadrunner	Geococcyx californianus	One seen by some trip participants near the Anza-Borrego State Park visitor center.
HUMMINGBIRDS	Trochilidae	
Anna's Hummingbird	Calypte anna	Seen on all days of the trip except for time spent near the Salton Sea.
Costa's Hummingbird	Calypte costae	Anza-Borrego and Salton Sea.
Allen's Hummingbird	Selasphorus sasin	Tijuana River NWR, Mission Bay, La Jolla, Lake Murray, Santee Lakes, San Elijo La- goon.
RAILS, CRAKES, AND ALLIES	Rallidae	
Ridgway's Rail	Rallus obsoletus	Single bird, well-seen (albeit briefly) at Ti- juana River NWR.
Common Gallinule	Gallinula galeata	Lake Murray – several individuals.
American Coot	Fulica americana	Tijuana River NWR, San Elijo Lagoon, Lake Murray, Santee Lakes. Large numbers at all sites.
STILTS AND AVOCETS	Recurvirostridae	
Black-necked Stilt	Himantopus mexicanus	Distant views of small numbers at Salton Sea.

American Avocet	Recurvirostra americana	Distant views of one at Salton Sea.
PLOVERS AND LAPWINGS	Charadriidae	
Black-bellied Plover	Pluvialis squatarola	San Diego River and Salton Sea.
Snowy Plover	Charadrius nivosus	Several birds visible by scope at Salton Sea.
Semipalmated Plover	Charadrius semipalmatus	San Diego River and Salton Sea (small num- bers at both sites).
Killdeer	Charadrius vociferus	Two seen near Anza-Borrego airport, and several at the Salton Sea.
SANDPIPERS AND ALLIES	Scolopacidae	
Whimbrel	Numenius phaeopus	San Diego River and Tijuana River NWR.
Long-billed Curlew	Numenius americanus	San Diego River and Tijuana River NWR.
Marbled Godwit	Limosa fedoa	San Diego River and Tijuana River NWR.
Black Turnstone	Arenaria melanocephala	La Jolla cliffs, about 6 individuals.
Least Sandpiper	Calidris minutilla	San Diego River, San Elijo Lagoon, and Sal- ton Sea.
Western Sandpiper	Calidris mauri	San Diego River, San Elijo Lagoon, and Sal- ton Sea.
Spotted Sandpiper	Actitis macularius	San Diego River, San Elijo Lagoon, and Sal- ton Sea.
Greater Yellowlegs	Tringa melanoleuca	Salton Sea – just a few.
Willet	Tringa semipalmata	San Diego River, Tijuana River NWR (flock of about 100), and Salton Sea.
GULLS AND TERNS	Laridae	
Bonaparte's Gull	Chroicocephalus philadelphia	Several at Santee Lakes.
Heermann's Gull	Larus heermanni	Small numbers at La Jolla cliffs, including adults and 1-year-old birds.
Ring-billed Gull	Larus delawarensis	Seen on most days of the trip, except for time spent in the mountains.
Western Gull	Larus occidentalis	Seen in numbers on the first 4 days of the trip, not present after we moved inland to the mountains and desert.
California Gull	Larus californicus	Seen in numbers on the first 4 days of the trip.
Herring Gull	Larus argentatus	Lake Murray and Salton Sea – the most infre- quently seen gull species.
Caspian Tern	Hydroprogne caspia	La Jolla cliffs and Salton Sea.
Black Skimmer	Rynchops niger	Roosting flock of about 20 birds in Mission Bay.
LOONS	Gaviidae	
Red-throated Loon	Gavia stellata	La Jolla cove – offshore.
Common Loon	Gavia immer	La Jolla cove – offshore.
Yellow-billed Loon	Gavia adamsii	Mission Bay – although only in non-breeding plumage, this bird was The Rock Star of the species seen on the trip. Found several weeks earlier, it has attracted lots of atten- tion in southern California. This individual represents the first record in San Diego County.
PETRELS AND SHEARWATERS	Procellariidae	
Black-vented Shearwater	Puffinus opisthomelas	La Jolla cove – offshore scope views only.
CORMORANTS	Phalacrocoracidae	
Brandt's Cormorant	Urile penicillatus	La Jolla cove, nesting colony of about 100 pairs. This site, and the closeup views af- forded, were for many people the high point of the trip.

Pelagic Cormorant	Urile pelagicus	La Jolla cove – offshore; one bird.
Double-crested Cormorant	Nannopterum auritum	Seen on all days of the trip except while in the vicinity of Anza-Borrego.
PELICANS	Pelecanidae	
American White Pelican	Pelecanus erythrorhynchos	Santee Lakes and San Elijo Lagoon.
Brown Pelican	Pelecanus occidentalis	San Diego River, San Elijo Lagoon and La Jolla cove.
HERONS AND EGRETS	Ardeidae	
Great Blue Heron	Ardea herodias	Seen on 5 days of the trip.
Great Egret	Ardea alba	Seen on 5 days of the trip.
Snowy Egret	Egretta thula	San Diego River, San Elijo Lagoon and La Jolla cove (where one was walking amidst the Brandt's Cormorants' nests, affording perfect views of its bright yellow feet.
Little Blue Heron	Egretta caerulea	Two at San Diego River.
Reddish Egret	Egretta rufescens	One "dancing" (while feeding) at San Diego River.
Cattle Egret	Bubulcus ibis	Large numbers in agricultural fields at Salton Sea.
Black-crowned Night-Heron	Nycticorax nycticorax	Tijuana River NWR. About 10 birds along a small tidal channel that was also attended by a dozen Yellow-crowned Night-Herons.
Yellow-crowned Night-Heron	Nyctanassa violacea	Tijuana River NWR. About 12 along a small tidal channel that was also attended by around 10 Black-crowned Night-Herons. Great photo ops of one bird that captured and ate many mid-sized crabs.
IBISES AND SPOONBILLS	Threskiornithidae	
White-faced Ibis	Plegadis chihi	Large flock (about 150+) feeding in agricul- tural field at the Salton Sea.
NEW WORLD VULTURES	Cathartidae	
Turkey Vulture	Cathartes aura	Seen on most days of the trip.
OSPREY	Pandionidae	
Osprey	Pandion haliaetus	Tijuana River NWR, Mission Bay, La Jolla, Lake Murray, San Elijo Lagoon.
HAWKS, KITES, AND EAGLES	Accipitridae	
Northern Harrier	Circus hudsonius	Tijuana River NWR, Santee Lakes, San Elijo Lagoon, Salton Sea.
Sharp-shinned Hawk	Accipiter striatus	San Diego Hilton – while getting into the vans for our first day in the field.
Cooper's Hawk	Accipiter cooperii	Seen on 5 days of the trip.
Bald Eagle	Haliaeetus leucocephalus	Nice adult seen at Lake Cuyamaca from the parking area of our lodge.
Red-shouldered Hawk	Buteo lineatus	Seen often in areas west of the desert. This population seems to frequently perch on light poles along freeways.
Red-tailed Hawk	Buteo jamaicensis	Seen on 5 of the 7 days of the trip.
Harris' Hawk	Parabuteo unicinctus	A surprise bird on this trip. This species has expanded its range into southern California over the last 20 years; a family group now is resident in the Shelter Valley area, and we were able to see 2 of these individuals.
OWLS	Strigidae	
Great Horned Owl	Bubo virginianus	One roosting in tamarisk trees at Casa Del Zorro lodging.

Burrowing Owl	Athene cunicularia	Seen at its burrow at the Salton Sea. Many people's favorite bird of the trip.
KINGFISHERS	Alcedinidae	
Belted Kingfisher	Megaceryle alcyon	San Diego River, Santee Lakes, Salton Sea.
WOODPECKERS	Picidae	
Lewis's Woodpecker	Melanerpes lewis	A single bird, previously found by local bird- ers, was super-cooperative at Santee Lakes. This is not an easy-to-find bird in southern California.
Acorn Woodpecker	Melanerpes formicivorus	Santee Lakes, Mt. Palomar and Julian. Good looks at family groups storing acorns. Won- derful birds!
Nuttall's Woodpecker	Dryobates nuttallii	Santee Lakes, also near Mt. Palomar.
Ladder-backed Woodpecker	Dryobates scalaris	Salton Sea, especially near the Sonny Bono NWR visitor center.
Northern Flicker	Colaptes auratus	Trees near downtown Julia, also at Salton Sea.
FALCONS AND CARACARAS	Falconidae	
American Kestrel	Falco sparverius	Seen on 5 of the 7 days of the trip. Especially common at the Salton Sea.
Merlin	Falco columbarius	One at Tijuana River NWR, another at our lunch picnic at Anza-Borrego State Park.
Peregrine Falcon	Falco peregrinus	One quick fly-by near Julian.
TYRANT FLYCATCHERS	Tyrannidae	
Gray Flycatcher	Empidonax wrightii	One at Anza-Borrego State Park visitor cen- ter. This is the most likely <i>Empidonax</i> to be seen in southern California in the winter.
Black Phoebe	Sayornis nigricans	Seen on all days of the trip; common at all lo cations.
Say's Phoebe	Sayornis saya	Although less common than Black Phoebes, this species was regularly seen on nearly all days of the trip.
Cassin's Kingbird	Tyrannus vociferans	Tijuana River NWR and San Elijo Lagoon.
VIREOS	Vireonidae	
Hutton's Vireo	Vireo huttoni	One singing bird at the Bird and Butterfly Garden in the Tijuana River Valley.
SHRIKES	Lanidae	
Loggerhead Shrike	Lanius ludovicianus	Several seen at the Salton Sea.
CROWS AND JAYS	Corvidae	
Steller's Jay	Cyanocitta stelleri	Mountain areas near Mt. Palomar and Julian
California Scrub-Jay	Aphelocoma californica	Sporadically seen on 5 of the 7 days of the trip.
American Crow	Corvus brachyrhynchos	Seen on 6 of the 7 days of the trip.
Common Raven	Corvus corax	Sporadically seen on 5 of the 7 days of the trip
TITS AND CHICKADEES	Paridae	
Mountain Chickadee	Poecile gambeli	Mountain areas near Mt. Palomar and Julian small groups of about 10 individuals.
Oak Titmouse	Baeolophus inornatus	Trees near downtown Julian.
PENDULINE TITS	Remizidae	
Verdin	Auriparus flaviceps	Salton Sea, near Sonny Bono NWR visitor center
SWALLOWS AND MARTINS	Hirundinidae	
Tree Swallow	Tachycineta bicolor	Small flock of early migrants at Lake Murray

Barn Swallow	Hirundo rustica	Tijuana River NWR.
LONG-TAILED TITS	Aegithalidae	
Bushtit	Psaltriparus minimus	Lake Murray, Bird and Butterfly Garden in the Tijuana River Valley near Julian.
SYLVIID WARBLERS	Sylviidae	
Wrentit	Chamaea fasciata	Lake Murray, near Julian.
KINGLETS	Regulidae	
Ruby-crowned Kinglet	Corthylio calendula	Seen almost daily on the trip, but only in small numbers.
NUTHATCHES	Sittidae	
White-breasted Nuthatch	Sitta carolinensis	Seen in trees in downtown Julian, as well as in Shelter Valley while looking for the Harris' Hawks.
GNATCATCHERS	Polioptilidae	
Blue-gray Gnatcatcher	Polioptila caerulea	Lake Murray – 2 birds.
Black-tailed Gnatcatcher	Polioptila melanura	Salton Sea, near Sonny Bono NWR visitor center. Still in non-breeding plumage. Lake Murray – 2 pairs, still in non-breeding
California Gnatcatcher	Polioptila californica	plumage. There's only one other area in the U.S. where you can hope to see 3 species of gnatcatcher – where is it? And what are the species (they're not the 3 we saw on this trip)?
WRENS	Troglodytidae	
Rock Wren	Salpinctes obsoletus	Heard in Anza-Borrego State Park.
House Wren	Troglodytes aedon	Tijuana River NWR; near Julian.
Marsh Wren	Cistothorus palustris	Tijuana River NWR and Salton Sea.
Bewick's Wren	Thryomanes bewickii	Tijuana River NWR, Bird and Butterfly Gar- den in the Tijuana River Valley, Lake Murray.
Cactus Wren	Campylorhynchus brunneicapillus	One distantly-heard bird at our lunch stop in Anza-Borrego State Park.
STARLINGS AND MYNAS	Sturnidae	
European Starling (I)	Sturnus vulgaris	Seen on all days of the trip.
MOCKINGBIRDS AND THRASH- ERS	Mimidae	
California Thrasher	Toxostoma redivivum	Well seen outside our lodging at the Quiet Mind Resort and Spa (Julian).
Northern Mockingbird	Mimus polyglottos	Sporadically seen on 5 of the 7 days of the trip.
THRUSHES	Turdidae	
Western Bluebird	Sialia mexicana	Seen on 4 of the trip's 7 days, including me- dium-sized flocks in the desert scrub at Anza-Borrego visitor center. Unlike Eastern Bluebirds, Western Bluebirds appear to al- most always be associated with Yellow- rumped (Audubon's) Warblers.
Mountain Bluebird	Sialia currucoides	About 5 birds seen very briefly near the Borrego Springs airport; as soon as we parked the vans, the birds flushed and were swept away by strong wind gusts.
Hermit Thrush	Catharus guttatus	Individuals seen at Tijuana River NWR, Bird and Butterfly Garden in the Tijuana River Val- ley, Anza-Borrego State Park lunch stop, and Borrego Springs.
American Robin	Turdus migratorius	This has been an "invasion year" for this spe- cies in southern California. We saw substan- tial numbers on the grounds of our Borrego

		Springs hotel (Casa del Zorro), as well as in Balboa Park.
WAXWINGS	Bombycillidae	
Cedar Waxwing	Bombycilla cedrorum	Small flocks at most coastal sites.
SILKY FLYCATCHERS	Ptiliogonatidae	
Phainopepla	Phainopepla nitens	Santee Lakes, near Borrego Springs and Shelter Valley, and at the Salton Sea. This species has an interesting breeding biology – Birds start nesting early in the warm desert areas, then relocate to the cooler coastal ar- eas for their second breeding effort.
WAXBILLS AND ALLIES	Estrildidae	
Scaly-breasted Munia (I)	Lonchura punctulata	Native to tropical Asia, this popular cage bird has established itself as a breeder in the San Diego area. We saw a flock of about 10 at the Tijuana River NWR.
OLD WORLD SPARROWS	Passeridae	
House Sparrow (I)	Passer domesticus	Seen daily throughout the trip.
WAGTAILS AND PIPITS	Motacillidae	
American Pipit	Anthus rubescens	One flock of about 75+ seen in agricultural fields at the Salton Sea.
FINCHES AND EUPHONIAS	Fringillidae	
House Finch	Haemorhous mexicanus	Seen daily throughout the trip.
Purple Finch	Haemorhous purpureus	Some saw this species in trees near down-town Julian.
Cassin's Finch	Haemorhous cassinii	Seen during our brief walk on Mt. Palomar, as well as in the Quiet Mind parking area.
Lesser Goldfinch	Spinus psaltria	Seen occasionally during the trip – surprising that we didn't see more.
Lawrence's Goldfinch	Spinus lawrencei	Single sighting.
NEW WORLD SPARROWS	Passerellidae	
Black-throated Sparrow	Amphispiza bilineata	A couple of birds seen at Anza-Borrego State Park visitor center; more probably would have been observed under better weather conditions.
Lark Sparrow	Chondestes grammacus	Two birds seen at the Borrego Springs.
Dark-eyed Junco	Junco hyemalis	Only a few sightings: Bird and Butterfly Gar- den in the Tijuana River Valley, vicinity of Jul- ian.
White-crowned Sparrow	Zonotrichia leucophrys	Large numbers present at virtually all sites. All were of the <i>gambelli</i> subspecies.
Golden-crowned Sparrow	Zonotrichia atricapilla	A single quick look at one during our brief walk on Mt. Palomar.
Savannah Sparrow	Passerculus sandwichensis	Tijuana River NWR (<i>beldingi</i>) and Borrego Springs airport. Belding's Savannah Sparrow and Ridgway's Rail are endangered wetland species that are restricted to the coastal salt marshes of southern California.
Song Sparrow	Melospiza melodia	Recorded on 5 of the 7 days of the trip.
Lincoln's Sparrow	Melospiza lincolnii	Tijuana River NWR and near Julian.
California Towhee	Melozone crissalis	Seen on 4 of the 7 days of the trip.
Abert's Towhee	Melozone aberti	Salton Sea – seen well at Sonny Bono NWR visitor center.
Spotted Towhee	Pipilo maculatus	Present at Lake Murray and near Julian.
NEW WORLD BLACKBIRDS	Icteridae	

Western Meadowlark	Sturnella neglecta	Flocks seen at Salton Sea.
Red-winged Blackbird	Agelaius phoeniceus	Not abundant – small flocks present at Lake Murray and Santee Lakes.
Brown-headed Cowbird	Molothrus ater	Alongside road en route to Lake Murray and Santee Lakes.
Brewer's Blackbird	Euphagus cyanocephalus	Strangely scarce – only recorded near the Salton Sea.
Great-tailed Grackle	Quiscalus mexicanus	Large numbers at Lake Murray, as well as at Salton Sea.
NEW WORLD WARBLERS	Parulidae	
Orange-crowned Warbler	Leiothlypis celata	Seen in scrubby vegetation throughout trip.
Common Yellowthroat	Geothlypis trichas	Seen in scrubby vegetation throughout trip.
Yellow-rumped Warbler	Setophaga coronata	Large numbers present at virtually all sites.
Townsend's Warbler	Setophaga townsendi	Several at the Bird and Butterfly Garden in the Tijuana River Valley.
CARDINALS, GROSBEAKS, AND ALLIES	Cardinalidae	
Western Tanager	Piranga ludoviciana	A couple of wintering birds seen in flowering trees in the San Diego Zoo parking lot.
MAMMALS		
California Ground Squirrel	Otospermophilus beecheyi	Seen on 3 days.
Fox Squirrel (I)	Sciurus niger	Seen on 2 days.
Desert Cottontail	Sylvilagus audubonii	Seen on 4 days.
Coyote	Canis latrans	Seen on 1 day at Casa del Zorro lodging.
Harbor Seal	Phoca vitulina	Seen on 1 day at La Jolla cove.
California Sea Lion	Zalophus californianus	Seen on 2 days at Tijuana River NWR and La Jolla cove.
Mule Deer	Odocoileus hemionus	Seen on 3 days near Julian.
Desert Bighorn Sheep	Ovis canadensis nelsoni	Seen on 1 day. Certainly the rarest animal seen on the trip (about 6 seen near Tamarask Grove campground in Anza-Borrego State Park).
REPTILES AND AMPHIBIANS		
Western Fence Lizard	Sceloporus occidentalis	
Common Side-blotched Lizard	Uta stansburiana	
Southern Alligator Lizard	Elgaria multicarinata	
Western Pond Turtle	Actinemys marmorata	
Red-eared Slider (I)	Trachemys scripta	

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