

Coastal Maine & New Hampshire's White Mountains | Species List June 7 – 13, 2023 | with Naturalist Journeys



With guide Jon Atwood and four participants: Anthony, Susan, Terry and Susan.

Compiled by Jon Atwood

Tour Summary: It's hard to pick specific high points among all the great birds and experiences on this trip. Close looks at nesting Piping Plovers and Least Terns, displaying Bobolinks, a very responsive Saltmarsh Sparrow, 16 species of wood-warblers and six species of thrush (including this trip's target species, Bicknell's Thrush). Lots of Red-eyed Vireos – and many birds that we heard and worked hard to see. Fog, rain and clear skies on a mountain known for having very challenging weather. Arthropods, both welcome (11 species of butterflies) and unwelcome (mosquitoes and a few ticks). Scrumptious meals and a wonderful lodge set in the scenic White Mountains of New Hampshire. And one of the best parts of the trip were the friendships that developed during our days together – we all hope that our paths will cross again in the days to come.

Not all species were seen by all trip participants, and some were “heard only” records, although none of these were species identified solely by use of the Cornell Lab's Merlin app.

eBird checklists (links included at end of this document) are identified by numbers following each species.

BIRDS

DUCKS, GEESE, AND SWANS: Anatidae

Canada Goose	<i>Branta canadensis</i>	3,10,12,15
Mallard	<i>Anas platyrhynchos</i>	3,5,14
Common Eider	<i>Somateria mollissima</i>	2,3
White-winged Scoter	<i>Melanitta deglandi</i>	2
Black Scoter	<i>Melanitta americana</i>	2
Long-tailed Duck	<i>Clangula hyemalis</i>	2

PARTRIDGES & PHEASANTS: Phasianidae

Wild Turkey	<i>Meleagris gallopavo</i>	3,4
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PIGEONS AND DOVES: Columbidae

Mourning Dove	<i>Zenaida macroura</i>	2,3,5
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HUMMINGBIRDS Trochilidae

Ruby-throated Hummingbird	<i>Archilochus colubris</i>	10,12
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PLOVERS AND LAPWINGS: Charadriidae

Semipalmated Plover	<i>Charadrius semipalmatus</i>	2
Piping Plover	<i>Charadrius melodus</i>	2,3

SANDPIPERS AND ALLIES: Scolopacidae

Willet	<i>Tringa semipalmata</i>	2,3
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GULLS AND TERNS: Laridae

Herring Gull	<i>Larus argentatus</i>	2,3
Great Black-backed Gull	<i>Larus marinus</i>	2,3
Least Tern	<i>Sternula antillarum</i>	2,3
Common Tern	<i>Sterna hirundo</i>	2

LOONS: Gaviidae

Common Loon	<i>Gavia immer</i>	3,16
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CORMORANTS: Phalacrocoracidae

Double-crested Cormorant	<i>Nannopterum auritum</i>	2,3,6,16
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HERONS AND EGRETS: Ardeidae

Snowy Egret	<i>Egretta thula</i>	4
Great Egret	<i>Ardea alba</i> while driving	

IBIS AND SPOONBILLS: Threskiornithidae

Glossy Ibis	<i>Plegadis falcinellus</i> while driving	
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NEW WORLD VULTURES: Cathartidae

Turkey Vulture	<i>Cathartes aura</i>	13
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HAWKS, KITES AND EAGLES: Accipitridae

Cooper's Hawk	<i>Accipiter cooperii</i>	2,3
Red-tailed Hawk	<i>Buteo jamaicensis</i>	16

WOODPECKERS: Picidae

Yellow-bellied Sapsucker	<i>Sphyrapicus varius</i>	16
Red-bellied Woodpecker	<i>Melanerpes carolinus</i>	4
Downy Woodpecker	<i>Dryobates pubescens</i>	4,12,15,16
Hairy Woodpecker	<i>Dryobates villosus</i>	3,5
Pileated Woodpecker	<i>Dryocopus pileatus</i>	5,10,15
Northern Flicker	<i>Colaptes auratus</i>	3,10

TYRANT FLYCATCHERS: Tyrannidae

Eastern Wood-Pewee	<i>Contopus virens</i>	3,5,8
Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>	7,9,13
Alder Flycatcher	<i>Empidonax alnorum</i>	5,10,16
Eastern Phoebe	<i>Sayornis phoebe</i>	5,6,10,12
Great Crested Flycatcher	<i>Myiarchus crinitus</i>	5

VIREOS: Vireonidae

Blue-headed Vireo	<i>Vireo solitarius</i>	7,8,16
Red-eyed Vireo	<i>Vireo olivaceus</i>	3,4,5,6,7,8,10,12

CROWS AND JAYS: Corvidae

Blue Jay	<i>Cyanocitta cristata</i>	3,4,5,10,16
American Crow	<i>Corvus brachyrhynchos</i>	3,4,5,7,12,15
Common Raven	<i>Corvus corax</i>	9

TITS AND CHICKADEES: Paridae

Black-capped Chickadee	<i>Poecile atricapillus</i>	3,5,7,8,16
Tufted Titmouse	<i>Baeolophus bicolor</i>	4,5,6

SWALLOWS AND MARTINS: Hirundinidae

Tree Swallow	<i>Tachycineta bicolor</i>	10,12,15
Barn Swallow	<i>Hirundo rustica</i>	2,3

NUTHATCHES: Sittidae

Red-breasted Nuthatch	<i>Sitta canadensis</i>	7,10,15
White-breasted Nuthatch	<i>Sitta carolinensis</i>	3,4,15

WRENS: Troglodytidae

Winter Wren	<i>Troglodytes hiemalis</i>	13
Carolina Wren	<i>Thryothorus ludovicianus</i>	5

STARLINGS: Sturnidae

European Starling	<i>Sturnus vulgaris</i>	3,4
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MOCKINGBIRDS AND THRASHERS: Mimidae

Gray Catbird	<i>Dumetella carolinensis</i>	3,4
Brown Thrasher	<i>Toxostoma rufum</i>	3
Northern Mockingbird	<i>Mimus polyglottos</i>	3

THRUSHES: Turdidae

Eastern Bluebird	<i>Sialia sialis</i>	3
Veery	<i>Catharus fuscescens</i>	3,5
Bicknell's Thrush	<i>Catharus bicknelli</i>	13
Swainson's Thrush	<i>Catharus ustulatus</i>	10,15
Hermit Thrush	<i>Catharus guttatus</i>	7,16
American Robin	<i>Turdus migratorius</i>	2,3,4,7,8,10,12,13

WAXWINGS: Bombycillidae

Cedar Waxwing	<i>Bombycilla cedrorum</i>	2,3,4
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OLD WORLD SPARROWS: Passeridae

House Sparrow	<i>Passer domesticus</i>	2,3,4
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WAGTAILS & PIPITS: Motacillidae

American Pipit	<i>Anthus rubescens</i>	11
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FINCHES: Fringillidae

Purple Finch	<i>Haemorhous purpureus</i>	8
American Goldfinch	<i>Spinus tristis</i>	3,4,5,6,7,8,15,16

NEW WORLD SPARROWS: Passerellidae

Chipping Sparrow	<i>Spizella passerina</i>	3,4,5,8,12,15
Dark-eyed Junco	<i>Junco hyemalis</i>	13
White-throated Sparrow	<i>Zonotrichia albicollis</i>	7,9,13,15,16
Saltmarsh Sparrow	<i>Ammospiza caudacuta</i>	14
Song Sparrow	<i>Melospiza melodia</i>	3,4,6,10,12,15,16
Swamp Sparrow	<i>Melospiza georgiana</i>	7,16
Eastern Towhee	<i>Pipilo erythrophthalmus</i>	3

NEW WORLD BLACKBIRDS: Icteridae

Bobolink	<i>Dolichonyx oryzivorus</i>	3
Baltimore Oriole	<i>Icterus galbula</i>	3
Red-winged Blackbird	<i>Agelaius phoeniceus</i>	3,4,5,12,16
Brown-headed Cowbird	<i>Molothrus ater</i>	4,5
Common Grackle	<i>Quiscalus quiscula</i>	2,3,5

NEW WORLD WARBLERS: Parulidae

Ovenbird	<i>Seiurus aurocapilla</i>	7
Black-and-white Warbler	<i>Mniotilta varia</i>	16
Nashville Warbler	<i>Leiothlypis ruficapilla</i>	16
Mourning Warbler	<i>Geothlypis philadelphia</i>	8
Common Yellowthroat	<i>Geothlypis trichas</i>	3,5,7,10,15,16
American Redstart	<i>Setophaga ruticilla</i>	3,4,5,10,12,15,16
Northern Parula	<i>Setophaga americana</i>	7,8,16

Magnolia Warbler	<i>Setophaga magnolia</i>	16
Blackburnian Warbler	<i>Setophaga fusca</i>	10,12
Yellow Warbler	<i>Setophaga petechia</i>	3,5
Chestnut-sided Warbler	<i>Setophaga pensylvanica</i>	3,10,12,15,16
Blackpoll Warbler	<i>Setophaga striata</i>	9,13
Black-throated Blue Warbler	<i>Setophaga caerulescens</i>	15,16
Pine Warbler	<i>Setophaga pinus</i>	3
Yellow-rumped Warbler	<i>Setophaga coronata</i>	7,9,13
Black-throated Green Warbler	<i>Setophaga virens</i>	7

CARDINALS, GROSBEAKS, AND ALLIES: Cardinalidae

Scarlet Tanager	<i>Piranga olivacea</i>	7
Northern Cardinal	<i>Cardinalis cardinalis</i>	3,4,5
Indigo Bunting	<i>Passerina cyanea</i>	12,15

LOCATION NUMBERS and eBird CHECKLIST LINKS

- (2): Higgins Beach
Date: Jun 7, 2023 at 3:31 PM; <https://ebird.org/checklist/S140827619>
- (3): Laudholm Farm--Barrier Beach Trail
Date: Jun 8, 2023 at 8:40 AM; <https://ebird.org/checklist/S140905590>
- (4): 20 Gilsland Farm Rd, Falmouth US-ME 43.70603, -70.24096
Date: Jun 8, 2023 at 2:32 PM; <https://ebird.org/checklist/S140934975>
- (5): Hinckley Park, South Portland
Date: Jun 9, 2023 at 9:17 AM; <https://ebird.org/checklist/S140994686>
- (6): Sebago Lake State Park
Date: Jun 9, 2023 at 11:47 AM; <https://ebird.org/checklist/S140993645>
- (7): Pondicherry NWR--Mud Pond, Jefferson
Date: Jun 10, 2023 at 10:05 AM; <https://ebird.org/checklist/S141108190>
- (8): Moose Brook SP--Campground, Gorham
Date: Jun 10, 2023 at 4:39 PM; <https://ebird.org/checklist/S141138092>
- (9): Mt. Washington Auto Road
Date: Jun 10, 2023 at 3:30 PM; <https://ebird.org/checklist/S141156495>
- (10): Great Glen Trails (cross-country skiing), Greens Grant
Date: Jun 11, 2023 at 7:38 AM; <https://ebird.org/checklist/S141201694>
- (11): Mt. Washington--Alpine Garden Trail Area
Date: Jun 11, 2023 at 12:04 PM; <https://ebird.org/checklist/S141234651>
- (12): Great Glen Trails (cross-country skiing), Greens Grant
Date: Jun 11, 2023 at 4:19 PM; <https://ebird.org/checklist/S141279338>
- (13): Mt. Washington Auto Road
Date: Jun 11, 2023 at 9:30 AM; <https://ebird.org/checklist/S141297707>
- (14): Scarborough Marsh--behind Clambake Restaurant
Date: Jun 8, 2023 at 12:00 PM; <https://ebird.org/checklist/S141305033>
- (15): Great Glen Trails (cross-country skiing), Greens Grant

Date: Jun 12, 2023 at 7:14 AM; <https://ebird.org/checklist/S141328630>

- (16): Pondicherry NWR--Cherry Pond access trail, Whitefield/Jefferson
Date: Jun 12, 2023 at 10:14 AM; <https://ebird.org/checklist/S141367676>

MAMMALS

- Eastern chipmunk
- Woodchuck
- Eastern gray squirrel
- Red fox
- White-tailed Deer

REPTILES AND AMPHIBIANS

- Northern gray tree frog
- Northern leopard frog
- Bullfrog
- Painted turtle

BUTTERFLIES

- Common ringlet
- Slivery blue
- Canadian tiger swallowtail
- Pearl crescent
- Hobomok skipper
- Green comma
- Mourning cloak
- Mustard white
- Little wood nymph
- Azure blue
- Sulphur orange?